



DAY 1 BEHOLD

Read the verse slowly several times. Journal your reflections. Begin to memorize. Read the verse in context (verses before and after, the surrounding paragraph, or the complete chapter) to glean a fuller meaning. Write how your impression/interpretation of the verse changed after seeing it in context?

DAY 2 REWRITE

Copy the verse word-for-word from three or more Bible translations.* Underline words and phrases that grab your attention from each translation. Journal what was revealed as you compared the translations. Using the definitions, paraphrase the verse in writing or summarize by drawing a picture.

DAY 3 EXAMINE

Consider the background.*

Who is the author? Audience? What is the historical setting? What was God saying to/teaching the original audience? What added meaning does this give you of the verse?

DAY 4 ALIGN

Compare this verse with at least two to three verses in other books of the Bible.* List: themes, similarities, and contrasts. How has this broadened your understanding? Use these verses to guide you in praying God's Word for yourself and others.

DAY 5 DECLARE

Ponder and pen how God is leading you to apply this fresh bread of Scripture to your: life, present circumstances, or current relationships. Write this week's verse from memory.

Share the verse and what you learned with someone face-to-face or through a phone call, email, text, or written note.

* You can find information and cross-references in margins/notes of study Bibles, within a commentary, or from online resources such as: biblegateway.com, biblehub.com, and blueletterbible.org.

Each day: **read** the Scripture, **pray** for understanding, and **answer** the questions.

SUGGESTED SCRIPTURES

BREAD #1 God's Perspective

Week 1: Isaiah 9:6	Week 1
Week 2: II Timothy 3:16	Week2
Week 3: Deuteronomy 31:8	Week
Week 4: Isaiah 40:8	Week
Week 5: Psalm 23:1	Week !
Week 6: Joshua 1:8	Week
Week 7: Psalm 46:1	Week
Week 8: Psalm 119:11	Week 8

BREAD #3 God's Prescriptions

Week 1: Romans 12:2 Week 2: I Peter 5:7 Week 3: I Thessalonians 5:18 Week 4: Ephesians 5:18 Week 5: Romans 5:20 Week 6: Matthew 6:26 Week 7: Isaiah 41:10 Week 8: Luke 11:9

BREAD #2 God's Promises

Week 1: Isaiah 40:31
Week 2: John 10:10
Week 3: Proverbs 3:5-6
Week 4: Isaiah 26:3
Week 5: Hebrews 10:23
Week 6: Romans 8:28
Week 7: Ephesians 2:10
Week 8: Philippians 4:6

BREAD #4 God's Power

Week 1: Proverbs 18:10 Week 2: Acts 1:8 Week 3: Il Corinthians 12:9 Week 4: Ephesians 3:20 Week 5: I Corinthians 10:13 Week 6: John 15:5 Week 7: Philippians 4:13 Week 8: James 4:7

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WHAT IS A 2GO BIBLE STUDY?

- This study is part of a series that prompts learners to be self-feeders, personally discovering and applying God's truths to their lives.
- The simplicity and depth encourage people of all faith levels to explore God's Word.
- The repeated reading of and marinating in Scripture allows the Holy Spirit to reveal deeper meaning and insight into the passage.

HOW TO USE A 2GO BIBLE STUDY?

- This series can be used for individual study but is designed for group participation.
- Each week participants read the same Scripture for five days and answer the questions in preparation for the Bible study gathering.
- Responses can be recorded in a separate notebook or in the free Study Guide.

HOW TO LEAD A 2GO BIBLE STUDY?

- Anyone can facilitate a 2GO Bible Study.
- The leader does not teach the passage, but uses the daily questions as a template to encourage a Bible-anchored discussion.
- The Leader Guide offers tips on how to lead a group, such as the ABCDs of Discussion.

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Exhausted after more than a day's worth of international travel to Croatia for a mission trip, we hauled our family's luggage up three flights of stairs. I lugged myself into our quaint hotel room and crawled onto the bed. Just before I fell asleep, I glanced over to the two sets of open shutters that brought in the moonlight. Too tired to close them, I drifted off to sleep.

I will never forget the moment when I awoke out of a deep sleep to an undeniable smell. The aroma of freshly baked bread came wafting up through the open shutters. It seemed to hypnotize me as I followed the scent trail down the hotel stairs, walked through the lobby, and made my way across the street. I entered the corner bakery to buy the next hot loaf as it was pulled out of the oven.

When was the last time you enjoyed a slice of bread hot out of the oven? Remember the aroma? There is something about the smell, taste, and texture of freshly baked bread. Who would prefer eating or serving stale bread, when a fresh loaf is cooling on the cutting board waiting to be sliced?

God's desire and delight is that we feast on the fresh bread of His Word every day. The psalmist in Psalm 34:8 invites us to "Taste and see that the Lord is good." In the Gospels Jesus exclaims, invites, and promises, "I am the Bread of Life. Come every day to Me and you will never be hungry" (John 6:35, TPT).

BREAD is a nourishing study designed for those who want to savor and examine a slice of God's fresh Bread daily from a variety of Old and New Testament passages. Readers will focus on one verse of Scripture each week. They will employ four distinct methods of studying Scripture to gain understanding for life application and to share with others.